WELLBEING HUB @ ELY

ACTIVITY / SPECIALITY

AAA SCREENING (PUBLIC HEALTH WALES)

- Abdominal Aortic Aneurysm (AAA) screening programme.

ACUTE CHILD HEALTH - LEARNING DISABILITY TEAM (SBU)

- Providing services to children with disabilities and complex needs, those with developmental difficulties, emotional and behavioural difficulties and children and young people in special circumstances such as those in care.

ADULT MENTAL HEALTH (CMHT)

- Community mental health teams provide holistic mental health treatment to those people experiencing severe and enduring mental illness e.g. schizophrenia, severe depression, bipolar disorder, personality disorder.

COMMUNITY CHILD HEALTH SERVICES

- Community Child Health (CCH) services promote a healthy start in life and support children and their families.
- Working in partnership with other organisations to provide support to families and to safeguard the health and wellbeing.

COMMUNITY DENTAL SERVICE (CDS)

- Offering a referral only dental service, bringing dental care to people who cannot be treated in general dental practice; our patients typically have learning disabilities, mental health issues or severe anxiety.

CONTINENCE (INCL. ENURESIS)

- Offering help and support for children and young people to achieve full control of bladder and bowel function.

DIABETIC EYE SCREENING WALES (DESW)

- The service offers its screening service in a timely manner and as a close to a person's home as is practicable to meet our service standards. DESW is also looking at different service delivery models that are appropriate for the population of Wales.

DIETETICS

- Community Nutrition and Dietetic service to contribute to improving health gain for the residents of Eastern Vale by reducing premature disease and lessening the effects of disease and disability.

TISSUE VIABILITY SERVICE

- The service provides a comprehensive approach to assessment, treatment, and management of wound care issues.

COMMUNITY GROUPS (INFORMATION AND ADVICE AREA)

- Space in the information and advice area for these community groups to publicise their meetings and/or provide information leaflets: Ovarian Cancer Action, Care and Repair, Cardiff and Vale Action for Mental Health, Recovery Cymru - substance misuse charity, Age Connects, Nail cutting service and monthly clinic.

DISTRICT NURSES (DN) TEAM

- The District Nursing Service offers a healthcare service to people who are unable to visit the GP surgery and who need nursing care, advice and support due to being permanently or temporarily housebound.

HEART FAILURE CLINIC - (CARDIOLOGY CLINICS)

- Heart Failure in the community – one stop cardiology clinics with Heart Failure specialist nurse offering drug titration and Cardiac rehabilitation.

HV CLINICS/BABY CLINIC/SCHOOL NURSING

- A Team of specialist nurses offering support and practical advice on many aspects of child development as well as family health.

INFO/ADVICE/SIGNPOSTING

- Access health information and services e.g. access to DEWIS.
- Our Information and Support Centres are by third sector partners, e.g. Citizens Advice provide a satellite service, Tenovus Benefits advice etc. with access to web-sites or leaflets for further information

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IRIS (IDENTIFICATION & REFERRAL TO IMPROVE SAFETY) WITHIN PRIMARY HEALTH CARE

- In-depth training to identify patients of Domestic Abuse for GPs & Clinical staff, raising awareness for non-clinical staff working within the practice to become a Recognised Domestic Abuse Aware Practice

MIDWIFERY

- Midwife team supporting women throughout their pregnancy i.e. Antenatal Bookings, Antenatal Checks, Postnatal clinic.

MSK/CPN SERVICES - GMS SUSTAINABILITY

- Cluster-based services of Physiotherapists and Community Pharmacist Nurses with alternative referral access routes

PODIATRY

- The role of Podiatry is to maintain and improve the tissue viability and loco-motor function, to alleviate pain and reduce the impact of disability, increase and maintain mobility and independence promoting health & wellbeing for a wide range of patient.

PRIMARY MENTAL HEALTH SUPPORT SERVICE (PMHSS)

- To provide timely assessment and interventions for those with mild to moderate and stable serve and enduring mental health problems in line with the Matrics Cymru.
- To create a more psychologically minded workforce both in specialist mental health services but also in general practice.

SEXUAL HEALTH CLINICS (DOSH)

- The Department of Sexual Health (DoSH) provides a comprehensive sexual health service which includes both a screening service for sexually transmitted infections and a contraception service.

SEXUAL HEALTH CLINICS

The community clinics provide:

- Emergency contraception including ad hoc provision of Emergency coils
- Contraception including LARC
- Dedicated clinics for young people, homeless women and commercial sex workers
- Specialist tertiary services like psychosexual counselling and contraception for women with medical conditions by assessment and referral
- Public Health work through provision of Partner Notification as well as teaching/training
- Multi Agency working by collaboration with third sector and other NHS services (SHOT, Flying Start, Gingerbread, Rainbow Bridge, THT etc.)
- Pregnancy testing and onward referral for abortion or antenatal services
- Walk in access to Consultant led service provision in key sites/on rotational basis
- Close collaboration with Safeguarding team and social services
- Easy access for wart treatment
- Testing and treatment of symptomatic and asymptomatic patients
- Screening for high risk patients

STOP SMOKING WALES CLINIC

- Provide Group and 1-1 smoking cessation intervention to smokers across Cardiff on a weekly basis.

TEACHING KITCHEN

- Option for the community groups to use the café kitchen out of hours to provide healthy living/catering and other types of training at various levels

GROUP/COMMUNITY ROOMS/INFO AND ADVICE:-

Podiatry, Dietetics, Third sector social/activity groups, Primary Mental Health Support Service, Falls prevention

- Group education rooms bookable by services for outpatient clinics for groups of patients (often supplemented with use of bookable interview or consultation rooms e.g. baby clinics.
- Also, opportunity for community groups to use the bookable community/ group education rooms for classes, talks, meetings, social activities, etc.